



West Virginia
**Child Care Health
Educators**

Child Care Health Educators focus on providing the most up-to-date information on health, safety, and nutrition topics to child care providers to improve the overall health of the child. They can provide trainings, handouts, recipe ideas, or advice on many health related topics. They have flexible schedules and can work with you to schedule trainings at your center. Online and in person trainings are available.

CHILD CARE HEALTH EDUCATOR NORTH

Child Care Resource Center Resource and Referral Region, Choices Resource and Referral Region, and MountainHeart North Resource and Referral Region

Renee Y. Stonebraker, RS
304-710-9695
rstonebraker@rvcds.org

CHILD CARE HEALTH EDUCATOR SOUTH

Connect Resource and Referral Region, Link Resource and Referral Region, and MountainHeart South

Resource and Referral Region
Harmony Vance-Tissenbaum
304-690-5826
hvance@rvcds.org

www.wvearlychildhood.org

Training Topics:

2 Hours:

All That Sugar and Fat

Beans...More Than Just Cute Songs

Bed Bugs and Beyond

Being a Good Role Model

Breastfeeding Basics

Identifying Environmental Hazards 1

Identifying Environmental Hazards 2

Indoor and Outdoor Safety

Let's Make a Menu

Let's Move

New Recipe Ideas 1

New Recipe Ideas 2

Oral Health

Picky Eaters

Planting Seeds for Healthy Eating

Safe Sleep Practices

Stress Management

Understanding Special Dietary Needs

1 Hour:

Fun and Healthy Snacks

Infant Feeding