

How to Safely Dispose of Expired or Unwanted Medicine

Disposal Kiosk Sites

Many pharmacies and law enforcement agencies have disposal kiosks where you can get rid of unwanted, unused, or expired over-the-counter (OTC) and prescription medicines. To find a kiosk site near you, check out this locator on MyOldMeds.com.



In-Home Disposal

If there is not a kiosk located near you, follow these simple steps to dispose of OTC and most prescription medicines in your household trash:

MIX



Remove the medicines from their original containers* and mix them with something undesirable, such as used coffee grounds, dirt, or cat litter.

SEAL



Put the mixture in something you can close, like a sealed plastic bag.

THROW



Throw the container in the trash.

* Be sure to scratch out all your personal information on the empty medicine packaging or bottle to protect your identity and privacy before throwing it away.

Should My Medicine Be Flushed?

The U.S. Food & Drug Administration (FDA) has a flush list for specific medicines that should be flushed down the toilet if a disposal kiosk is not available. View the list on FDA's website.

