When To Wash Your Hands

Before and After



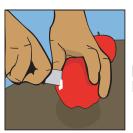
Upon arrival for the day, when moving from one child care group to another



When hands are **visibly dirty**



Before going home



Food/beverage preparation, handling food,



Serving food



Bottle feeding, feeding a child



Giving medications



Playing in water used by more than one person



Eating food



Using the toilet, diapering and toileting



After

Handling body fluids:

- nasal mucus
- blood
- saliva
- vomit



Handling uncooked food, especially raw meat



Handling animals or animal waste



Playing in sandboxes



Being outdoors



Removing disposable gloves



Handling garbage



Cleaning