

## A Systemic Mental Health Consultation and Professional Development Model: Family Connections Training Program

**Brazelton Touchpoints Center Training Institute**

*Upcoming Dates TBD*



The Brazelton Touchpoints Center offers a two-day training program as a resource for **mental health practitioners, educational and family service worker supervisors, directors, program managers, and others working with young children and their families** to implement Family Connections into practice in community settings.

### Objectives:

- Explore how Family Connections further enhances mental health consultation services to young children, their families, and early childhood staff.
- Explore how Family Connections supports further professional development for early childhood staff.
- Present the Family Connections practice framework, goals, objectives, and outcomes.
- Illustrate Family Connections and Tell Me A Story training modules for providers and parents through presentations, case vignettes, and interactive exercises. Touchpoints principles and assumptions will be highlighted to illustrate the power of using these tools to implement the Family Connections intervention and training.

**Family Connections provides an evidence-based, system-wide model for mental health consultation and professional development specifically focused on supporting providers, promoting mental health in young children, and working with families facing depression and other adversities.** It was developed with the support of a US Department of Health and Human Services Office of Head Start Innovation and Improvement Grant to Boston Children's Hospital.

### What participants are saying about the training program:

*"Entering the classrooms with the children and teachers has been a joy. But, I have been wondering about direction and methods to be effective with mental health consultations.*

*Thank you for providing exactly those."*

- Early Childhood Mental Health Consultant

*"You have brought me hope, tools, and refreshed my enthusiasm to cope with/help in the area I get most questions: ...But what do I do when there are real mental health issues? This has been powerful for me and I can't wait to share it with others as I know it will help them in the difficult challenges that they face on a daily basis."*

- Early Intervention Service Coordinator



**Registration:** Please visit [www.brazeltontouchpoints.org/calendar](http://www.brazeltontouchpoints.org/calendar) for upcoming training dates. For additional information, contact [Mai.Nguyen@childrens.harvard.edu](mailto:Mai.Nguyen@childrens.harvard.edu).