



## Programming Introduction

The Brazelton Touchpoints Center (BTC) provides comprehensive professional development programs that support learning and practice changes over time. Through professional programs and training, BTC builds and enhances the developmental and relational practice skills of family-facing professionals in programs, organizations and systems of care. BTC's professional development programs have been provided in the full range of early childhood settings, including pediatric health, maternal child public health, early care and education, child welfare and home based early intervention programs.

To unlock these opportunities for healthy development, BTC collaborates with organizations and systems of care to provide scalable and sustainable, low-cost, low-tech interventions that build internal capacity and strengthen the collaborative relationships among families, parents, caregivers, providers, and communities.

BTC's professional development and training expertise includes but is not limited to: child development, building relationships, observing and recording children's behaviors, managing challenging behaviors, family engagement, interagency and community partnership building, cultural sensitivity in childrearing practice, cross cultural communication, child abuse and neglect prevention, preventive health practice, group facilitation, and effective approaches with adult learners.

Our comprehensive professional development programs are designed and grounded in adult learning principles and include practice-oriented training followed by ongoing coaching as providers and their organizations integrate the newly learned strategies into their practice.

## Program Descriptions

*Touchpoints Individual Level Training* is designed to provide knowledge and skills to professionals who work with families and/or their young children, birth to age 8 years. The objective is for providers to become more proficient in delivering relationship-based, developmentally-informed services. It improves a provider's ability to be successful in engaging families, and in understanding and applying child developmental constructs to their daily practice. Touchpoints-informed practice is intended for any provider who works with young children and /or families, and is embedded in their current work. It focuses on implementing a set of strength-based practices such as careful observation of children's behavior and parents' strengths to improve parent-provider and parent-child relationships that promote family health and wellness

*Touchpoints Community Level Training (CLT)* is a Train-the-Trainer model designed to build capacity within a community (defined as an organization, system of care, or geographical community) to train and mentor family-facing professionals to integrate Touchpoints into practice. Capacity is built by preparing a leadership and training team that then delivers the Touchpoints ILT to providers in their identified community.



*Touchpoints Organizational Implementation Leadership Track* provides an interactive experience designed to provide leaders with an understanding of what the workforce will be learning in Touchpoints ILT, and what

organizational practices they need to align to integrate the change throughout their organization and sustain the change over time. This offering focuses on assessment of and strategies to strengthen the four key areas

for integration including: leadership, professional development, continuous improvement and service design and delivery.

*Touchpoints Relationship-Based Supervision and Coaching Training* is designed to build the capacity in an identified community to support the integration of Touchpoints into both individual and organizational practices. This offering is for supervisors, mentors and coaches and focuses on the use of the Touchpoints strength-based relational strategies as they support staff in their work with families.

*The Neonatal Behavior Observation (NBO)* is an evidence-based, structured set of 18 neurobehavioral observations that identify the capacities and behavioral repertoire of infants 0-12 weeks of age. With the NBO, the provider and parent together explore the baby's competencies and vulnerabilities; gain a deeper understanding of how s/he communicates; and the kind of support the baby needs for optimal growth and development. It supports the parent-child relationship right from the start, creating an optimal environment for the social-emotional development of the child.

*Family Connections* provides an evidence-based, system-wide model for mental health consultation and professional development. This model builds professional capacity; promotes mental health and social-emotional wellness in young children, their families and providers; and deepens professionals' understanding of families facing depression and other adversities.

*Community Leadership Program* builds the leadership, skills, training and mentoring capacity and knowledge of early career and mid-level professionals in the field of early childhood care and education through a year-long, structured, culturally-relevant program that includes intensive leadership institutes, monthly webinars, online modules, and an experiential community-based capstone project.