

# Allergy Health Care Plan

Child's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Severe Allergy To: \_\_\_\_\_

Epinephrine Brand: \_\_\_\_\_ Epinephrine dosage: ( ) 0.15mg ( ) 0.3mg

Current Weight: \_\_\_\_\_ Classroom: \_\_\_\_\_

Emergency Contact and Phone Number: \_\_\_\_\_

## Emergency Treatment

### Mild Symptoms:

Itchy/runny nose, sneezing  
Itchy mouth

A few hives, mild itch  
Mild nausea/discomfort

### Treatment:

1. Contact the parent/guardian or emergency contact person.
2. Stay with the child; keep child quiet, monitor symptoms until parent/guardian arrives.
3. Watch child for serious symptoms listed below.

### Severe Symptoms:

Hives spreading over the body  
Vomiting  
Loss of consciousness

Wheezing, difficulty swallowing or breathing  
Signs of shock (pale/grey color, clammy skin)  
Swelling of tongue and/or lips

### Treatment:

1. Use Pre-measured Epinephrine immediately.
2. Call **911 (or local emergency response team)** immediately **\*\*911 (emergency response team) should always be called if Epinephrine is given.**
3. Contact parent/guardian or emergency contact person. If parent/guardian is unavailable, center staff should accompany the child to the hospital.

**\*\*Special Instructions (for health care provider to complete):**

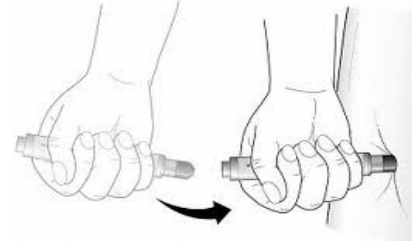
Prescribing Practitioner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Directions For Administering Emergency Epinephrine

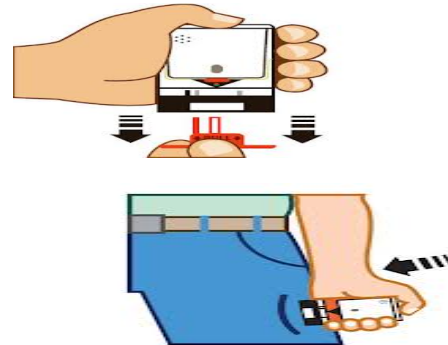
## EpiPen® (epinephrine) Auto-Injectors Directions

1. Remove the EpiPen Auto-Injector from the plastic carrying case.
2. Pull off the blue safety release cap.
3. Swing and firmly push orange tip against mid-outer thigh.
4. Hold for approximately 10 seconds.
5. Remove and massage area for 10 seconds.



## Auvi-Q™ (epinephrine injection, USP) Directions

1. Remove the outer case of Auvi-Q.
2. This will automatically activate the voice instructions.
3. Pull off red safety guard.
4. Place black end against mid-outer thigh.
5. Press firmly and hold for 5 seconds.
6. Remove from thigh.



## AdrenaClick (epinephrine injection, USP auto-injector)

1. Remove the outer case.
2. Remove grey caps labeled "1" and "2".
3. Place red rounded tip against mid-outer thigh.
4. Press down hard until needle penetrates.
5. Hold for 10 seconds. Remove from thigh.

